



Prioritize Wellness is a multifaceted health and wellness resource that provides extensive nutrition, fitness, stress management, sleep wellness, and supplementation information.

Members can access wellness articles, a fitness video archive, personalized healthy meal guide generator, relaxing sleep wellness sounds, and more. Our goal is to improve the lives of members by making wellness affordable, and by helping them learn how to live a healthy life, by focusing on disease prevention and health promotion.

Part of our mission is to make wellness accessible and affordable. That's why we have partnered with like-minded brands to bring our members high-value discounts to lower the cost of wellness related goods and services.

**Some of our partners include:**

- Early Well
- Smart Buy Glasses
- Audicus
- Daily Burn
- Fresh Meal Plan
- BackJoy
- TheFeed
- Botanic Choice
- And More!



## Our Services



### Grocery Guide Generator

We provide users a grocery list generator that give guidance according to an individual's way of eating.



### Alternative Medicine Practitioner Finder

We have partnered with Dao Cloud to provide access to an alternative medicine practitioner database.



### Wellness Assessment Quizzes

Assessment quizzes will help assess your level of health and provide practical steps on how to move forward.